



WOMENS REFUGE

### **Types of Domestic Abuse**

PHYSICAL—SEXUAL—FINANCIAL

PSYCHOLOGICAL—EMOTIONAL—

CONTROLLING—COERCIVE BEHAVIOUR

**Helpline: 01325 364486**

### **Family Help Darlington CIO**

Provide Refuge Accommodation with Emotional & Practical Support.

A confidential helpline for **ANY** person affected by Domestic Abuse. For options and further Information, please visit [www.familyhelp.org.uk](http://www.familyhelp.org.uk) or email [info@familyhelp.org.uk](mailto:info@familyhelp.org.uk)

Registered Charity in

England & Wales No :

1150798

